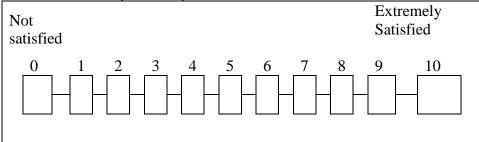
# Wellbeing Questionnaire

### I. Subjective Wellbeing, individual wellbeing:

#### The following questions will ask how satisfied you are:

	Questions	1=Not satisfied	2= Fairly satisfied	3= Satisfied	4= Very Satisfied	5= Extremely Satisfied
1	How satisfied are you with your present life?					
2	How satisfied are you with relationships with your family members?					
3	How satisfied are you with relationships your neighbors?					
4	How satisfied are you with feeling a part of the H're community?					
5	How satisfied are you with your living standard?					
6	How satisfied are you with your achievements in life?					
7	How satisfied are you with the life you expect in the future?					

8. Overall how satisfied are you with your life as the whole?



### **II. Economic Wellbeing:**

9. How often in the last 12 months did your family miss a meal or reduce the size of meals due to not having enough food?<sup>1</sup>

- 1. Never
- 2. Once or twice
- 3. Occasionally/Seasonally
- 4. One or more times a month
- 5. Don't know

10. Which of the following phrases best describes your present financial position? Please select one.

- 1 = Living okay on present income
- 2 =Getting by on present income
- 3 = Finding it difficult on present income

<sup>&</sup>lt;sup>1</sup> 6 months land rest is for land to restore its vitality. 6-months during the H're life they use of practice cultural rituality.

#### 4 = Finding it very difficult on present income

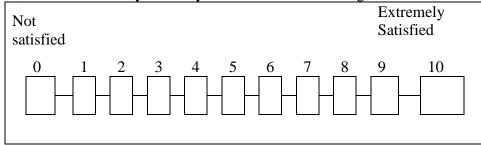
11. Please assess your family's economic condition over the last 12-months (tick one)

Always in Deficit	Sometimes in deficit	Breaking Even	Well off
1	2	3	4

12. The following questions will ask how satisfied you are with aspects of your economic situation.

Questions	l= Not satisfi ed	2= Fairly satisfi ed	3= Satisfi ed	4= Very Satisfi ed	5= Extre mely Satisfi ed
How satisfied are you with your entire family economic situation?					
How satisfied are you with your capacity to deal with crop losses/shocks?					
How satisfied are you with your income from farming?					
How satisfied are you with your preparation for your future economic goals?					

13. Overall, how satisfied are you with your Economic Wellbeing?



### **III. Social Wellbeing**

14. How often do you meet socially with friends/relatives?

- 1 =Never,
- 2 =Once or twice a year,
- 3 =Once or twice a month
- 4 =Once or twice a week

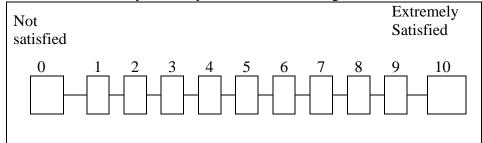
15. Please answer the following questions on support from friends and relatives 'Yes' or 'No' (Put in  $(\sqrt{)}$  Mark). If your answer is yes, how supportive are your friends and relatives on a scale of 1-4 where 1= Highly supportive, 2= Moderately supportive, 3= Low level of support, 4= Not supportive

Questions	Yes (1)	No (2)	If yes how supportive they are			ey
			1	2	3	4
If you felt the need for support for a wedding, childbirth or delegation of responsibility, would you have friends or relatives that you can count on to help you whenever you need them?						
If you felt emotional problems/death/funeral/accident,						
would you have friends or relatives you can count on to help you whenever you need them?						
If you felt sick or social troubles, would you have friends or relatives you can count on to help you whenever you need them?						
If you felt in financial hardship, would you have friends or relatives you can count on to help you whenever you need them?						

16. Consider how satisfied you are with your social wellbeing:

Questions	1= Not satisfi ed	2= Fairly satisfi ed	3= Satisfi ed	4= Very Satisfi ed	5= Extremely Satisfied
How satisfied are you with the opportunities					
to meet other people outside your					
community?					
How satisfied are you with the level of social					
support in your community?					
How satisfied are you with the level of social					
security in your community?					

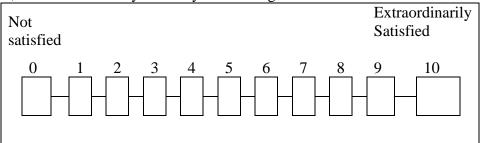
17. Overall, how satisfied are you with your Social Wellbeing?



## IV. Wellbeing in Farming

	Questions	1=Not satisfied	2= Fairly satisfied	3= Satisfied	4= Very Satisfied	5= Extreme ly Satisfied
18	How satisfied are you with your					
	traditional farming ?					
19	How satisfied are you with your					
	capacity/skills in processing farm the					
	products? (post-harvest process)					
20	How satisfied are you with your					
	capacity/skills on packaging farm					
	products?					
21	How satisfied are you with your					
	capacity/skills in communicating					
	about farm production?					
22	How satisfied are you with your					
	capacity/skills in transporting farm					
	products to consumers?					
23	How satisfied are you with your					
	farming income?					

#### 24. Overall, how satisfied are you with your farming?



## V. Community Wellbeing

26. Consider how satisfied you are with your community wellbeing based on the following questions:

Questions	Not satisf ied	Fairl y satisf ied	Satisf ied	Very Satisf ied	Extre mely Satisf ied
How satisfied are you with resolving conflicts by					
applying H're customs?					
How satisfied are you with the level of peace and					
harmony in the community?					
How satisfied are you with H're customary law?					
How satisfied are you with your community leaders?					

27. Please rate the following community issues.

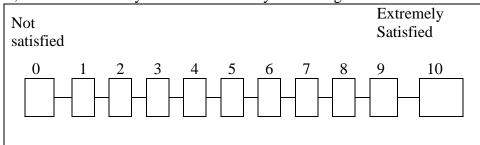
Questions	Not at all	Very little	Little	Moderately	Very much
How confident are you in the effectiveness of H're customary law?					
How cooperative are community members?					
How concerned do you feel the local administration (forest rangers, People's Committee members) is about H're local community- development?					

28. Have you experienced things (money or assets) being taken from you or know of things being taken from another household? (Make circle) 1 =Yes, 2 =No

29. What type of the following issues have you faced in your community within the last 12 months?

- 1= Physical illness
- 2= Mental stress
- 3= Relationship problems between man and woman,
- 4= Political conflict
- 5= Police investigations
- 6= False Case ???
- 7= None
- 8= others [Please specify]

### 30. Overall, how satisfied are you with Community Wellbeing?



### **VI. Physical Wellbeing**

31. Have you experienced any of the following in your life? If 'Yes' then indicate the level of occurrence.

			[If yes]	Negative	aspects e	exist	
	Yes	No	Never	Rarely	Some times	Often	Very often
Excessive consumption of alcohol/drugs							
Not enough sleep/irregular sleep							
Not enough leisure time							
Work related stress							

Social, political, financial, familial stress				
Long-term illness				
Fear of being attacked				

32. Please rate your satisfaction level of the following :

	1 Not satisfied	2 Fairly Satisfied	3 Satisfied	4 Very Satisfied	5 Extremel y Satisfied
How satisfied are you with your physical and mental health?					
How satisfied are you with the availability and accessibility of quality health care in your community?					

### 33. Overall, how satisfied are you with your Physical Wellbeing?

